



KEY THINGS TO KNOW ABOUT WHISTLER 50 RELAY AND ULTRA MARATHON

EVENT DETAILS

- Date: Saturday, October 19, 2019
- Location: Whistler Olympic Plaza and Whistler Valley Trail
- Website: whistler50.com
- Social pages: Facebook: facebook.com/whistler50
Instagram: @whistler50 Twitter: @whistler50relay
- Hashtag: #Whistler50

ATHLETE/TEAM PACKAGE PICK-UP

- Location: Whistler Olympic Plaza
- Date/times: October 18 5 PM – 9 PM

RACE DAY CHECK-IN

- Location: Whistler Olympic Plaza
- Date/times: October 19 7 AM

RACE STARTS

- 7:45 AM Ultra race starts
- 7:30 AM Relay race starts
- 3:30 PM Force start for Leg 8 (teams of 8) / Leg 4 (teams of 4 or 2), Whistler Olympic Plaza

COURSE

- Course map [here](#)
- All races start and finish at Whistler Olympic Plaza.
- Course is primarily on the on the Lost Lake trails.
- New for 2019, ultra runners will run 5 laps of 10KM for a total of 50KM.
- All exchange points for relay teams will be located at Whistler Olympic Plaza.

SPECTATORS

- The first Ultra finisher are expected to cross finish line around 11:30 AM.
- The best cheering location can be found at Whistler Olympic Plaza.
- Spectators are not permitted to bike alongside runners.

AWARDS PRESENTATIONS

- Location: Whistler Olympic Plaza
- Date/time: October 19 4 PM

SOCIALS

- Finish Line Party & Beer Garden under the sheltered Pavilion at Whistler Olympic Plaza.
 - Athletes: Pizza and Beer is available as part of registration fee.
 - Spectators: Food (Whistler Wood Fired Pizza) & beverage (Gibbons Après Lager) available for purchase.
 - Date/times: October 19 12 PM (noon)

FOOD BANK DONATIONS

- A portion of the proceeds will be donated to the Sea to Sky Food Banks. Accepting non-perishable food items in Whistler Olympic Plaza on Race Day and at the post-race Awards Ceremonies.

LOST AND FOUND

- Located at the concession stand at Whistler Olympic Plaza until 5 PM on October 19th or by contacting whistler50@bcathletics.org.

FAQ

- Age restrictions for the event – ultra participants must be 18 and volunteers must be over 16 years of age.
- Headphones – music is permitted but runners can only have one earphone in
- No Biking along runners
- No running strollers